



Team Scotland ISDE 2009  
Portugal  
Team Report

*Life in the paddock*

*14/10/09 Day Three of ISDE 2009*

Toady sees new course and a new challenge for all the remaining riders. The pre riders' notes posted in the hotel lobby included, two difficult hills, 103km lap ridden twice and take directions from marshals at difficult hills. Today's test proved to be more technical hard packed as opposed to the first two days of sandy motox type. Arguably one of the toughest ISDE days in recent years with blazing sunshine and temperatures of over 30 degrees centigrade in the shade heat exhaustion took its toll on many of the competitors. Our three lads dug deep and brought home some fine results. Ricky posted 17<sup>th</sup> in his class for the day 102<sup>nd</sup> progressive. Grant made into the top 40 for the day his own personal goal for his first ISDE and Derek is lying 10<sup>th</sup> in class progressive. Neil spent the day in the work area with me, washing/ oiling filters, mousses and preparing spares for the bikes and food for the riders. Kevin and Dougie had an early start to reach their time check for the first of the team GB competitors. At the half way point we as a team are looking good for bringing home three finishers medals. The course for tomorrow is the same as today, so the riders are preparing for another tough day of 7 hours in the saddle and seven special tests.