



Held at Pitmeadow Farm Muckhart Road near Dunning PH2 0RA . Then follow orange arrows to farm.  
Sign on 10:00 am.

Cost **£20** please send cheque to ELRAT C/o Caroline Thomson 40 Gallowhill Road Kirkintilloch Glasgow G66 4AJ.

This is a Practice day to allow riders to practice on realistic course conditions as encountered in events. For beginners there is also an introduction to the sport – what you need to do on the day and what the regs are. This will be a non-competitive event . Please ensure you ride within your limits.

### **Format**

- Arrival from **9:00** .....10:00 am sign on
- 12:00 Lunch (Bring your own please)
- 15:00 Finish of event.

**Please complete and return both parts of this form before the 11<sup>th</sup>. April - Post to Caroline Thomson – 40 Gallowhill Road, Kirkintilloch, G66 4AJ 07900 361876**

Name

Address

Telephone No (Mobile if poss)  
ICE No. (Home)

Level of riding/class..... Scottish reserve no.....

SACU licence no.....SACU day lic.req £15.....

ELRAT Club membership available for year @ £16

Please ensure you sign the disclaimer below.

## **Acknowledgement of the risks of motorsport:**

I / we understand that by taking part in this event I / we are exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I / we acknowledge that even in the event that negligence on the part of the ACU/SACU , the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I / we may suffer, the dominant cause of any serious injury will always be my / our voluntary decision to take part in a high risk activity.

I / we have read the above and acknowledge that my / our participation in motorsport is entirely at my / our own risk.

In consideration for being permitted to participate in this event I declare as follows:

1. That I am fit and not suffering from any physical or mental disability which would impair my safe participation in the meeting and I undertake to inform the organisers immediately should any change In my condition occur which I have reason to or ought to have reason to believe would affect my ability to continue to participate in this competition.
2. I have been given the opportunity of inspecting the course/track/circuit and its facilities and hereby declare myself satisfied with the course/track/circuit and its facilities. If during the course of the event circumstances change it will be my decision as to the continuance or otherwise participating.
3. That my vehicle complies with the regulations for this event as required upon scrutineering and further that it is safe and in a fit and proper condition for use in this event.
4. I am satisfied that the venue is safe for me and that should I at any time have any doubts as to its safety I am entitled to decline to take part thereafter.
5. As a participant I may be exposed to the risk inherent in motor sport and that I am prepared to take such risks.

**6. This is a practice day and no racing is to take place. There is no pressure on me to participate in any activity.**

7. I further agree that I shall not seek to claim against ACU, SACU, ELRAT MC , the organisers nor their officials, the land owners, the promoter or other bodies or individuals connected with the event in respect of any damage to my property howsoever caused, and whether by the negligence or breach of statutory duty of the said bodies or persons.

**Rider's name (Print) :** .....

**Rider's signature:** .....

**Parents signature .** .....

Any rider aged 15- 18 requires a signed parental consent form.



## PARENTAL AGREEMENT FORM

**Event:** ELRAT Practice Day

**Organisers:** ELRAT MCC Ltd

**Venue:** Dunning

**Date of Event:** 19<sup>th</sup> April 2015

### RIDER

Surname: ..... First Name: ..... Date of Birth: .....

Address: .....

Postcode: ..... Telephone: .....

Licence No: .....

### MACHINE

Type/Class: ..... Make: ..... Capacity: ..... Stroke: .....

*This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations of the SACU, Supplementary Regulations and any Final Instructions issued for the meeting.*

*The ACU National Sporting Code and SACU Standing Regulations are published annually in the ACU Handbook and on the SACU Website.*

### Acknowledgement of the risks of motorsport

Motorsport is an extremely dangerous activity. It is important that all competitors think very carefully about the risks they are undertaking whenever they compete.

It must be recognised by all competitors that there will be accidents and that a number of competitors may die, whilst others may be permanently disabled or sustain serious injuries **and it could be you**. All competitors must appreciate that they participate in motorsport entirely at their own risk.

One of the main risks in motorsport is obviously speed. Situations which would not give rise to major danger at low speed can have extremely serious consequences at high speed and in a competitive environment.

While the organisers will do their best to make the event as safe as possible, there will inevitably be occasions when mistakes are made. It must, however, be recognised by all competitors that where an accident occurs in such circumstances, any fault on the part of the organisers will not be the principal cause of any serious injury sustained. The dominant cause of any serious injury will be the fact that the accident happened at speed in a competitive environment. The risk of accidents is one of the inherent risks involved in motorsport and every competitor must consent to this.

The ACU/SACU is not prepared to accept personal injury claims (other than covered under the Personal Accident Policy) brought by competitors who have willingly participated in what they know to be a dangerous sport. Any claims will be vigorously defended, and this form will be used as evidence of the competitor's acknowledgement of the risks inherent in motorsport and that the dominant cause of any serious injury will be his/her voluntary decision to engage in competitive sport rather than any alleged negligence by the ACU or any other party involved in staging the event.

### Declaration

I, .....the parent/person with parental responsibility of .....(child's name) Hereinafter referred to as 'my child' accept that my child may participate in the aforementioned meeting. I declare as follows:-

I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport, which include the risk of death or permanent disablement.

The minor does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate as a competitor. I accept that it is my responsibility to ensure that the minor and I have read and understood the National Sporting Code of the ACU, Standing Regulations of the SACU, Supplementary Regulations and Final Instructions subsequently issued and Entry Forms and that he/she will comply with them. I accept that photographs or video footage may be taken of my child by officials dealing with safety issues or accident investigations.

Signature(s) of Parent(s) or Guardian(s): ..... Date: .....

Address if different from that above: .....

**Extract from NSC Article 7.14:** A parent or legal guardian of a rider or passenger participating in a competition requiring consent, is deemed to bear mutual responsibility with that competitor.