

Scottish Auto Cycle Union Enduro Championship 2019

Introduction for Beginners.

Welcome to the sport of Enduro Competition. Timed long distance events with short Special Tests to separate the top riders.

On arrival at the event

- Sign On
- Get your machine scrutineered – the official will check you bike top make sure everything is tight – brakes work, levers have ball ends on them and handlebar ends are covered. You need to make sure you have the correct colour backgrounds and numbers and that your bike does not exceed 112DbA 2 metre method.
- Check your helmet has an ACU gold or silver sticker. Very important.
- Place bike in the Parc Ferme (Bikes parked at your risk – so lock it if you want)
- Mark up your time card – see example below
- Collect your machine from the Parc Ferme 5 minutes before your start time
- Present your machine on the start line at your due time.
- DO NOT START your engine before your start time
- On your minute – start the machine and proceed around the course.

- Enjoy yourself.

Points to note

You must not arrive early at any checkpoint. If you do – wait till your minute then cross the line of the yellow flag

If you are late – **you stay late !!!!** – you cannot make up time to your original schedule.

You have up to one hour after your due time to finish the course. Do not give up if you lose time. The more time you spend on the bike – the better you will be next time.

Time Card – MOST IMPORTANT – ALWAYS HAND IT IN – EVEN IF YOU DNF.

You will be given a start time – mark it at the top of your card – along with your rider number, class and name.

Enter in the allowance for the check – add this to your start time and it gives you your due time. Do this for each check adding the time on to the due time for each check.

If at any time in the day your run late – merely add the check time to the time you leave the checkpoint. Remember you cannot come in early and you cannot get back lost time.

You may arrive up to one hour late at any check and still classify as a finisher. The sport is tough – but finishing is the most important thing !